# **INFORMATION ABOUT THE CYCLE EVENT**

## **Date and Time:**

Sunday 24th April 2022

9.00am. Registration open, closes at 9.40am

9.45am. Briefing

10.00am. Race Start, intervals, colour sticker on race number

Times are subject to change and will be notified to all participants in the final brief.

## **Meet venue and start point:**

Miltonduff Hall

**What do I need to enter the event?**

1. A roadworthy bike (mountain bikes and hybrids are acceptable. (Sorry no e-bike, these times will not be valid)
2. and hybrids are acceptable)
3. A recognised cycle helmet.
4. You must be medically sound and if you have any history of illness or injury, consult your GP beforehand.
5. You must be 16 years of age or over on the day of the event. Those under 18 will require a parental consent on application.
6. Entry cost £20 if participating as an individual in this event only. Costs for teams and individuals doing all three events are identified in the general information.

**Closing date for entries:**

Friday 22nd April 2022

**Included within your entry fee is:**

* Free Parking at Start/Finish Area, limited area, you may choose to cycle to start. See below for further information about parking.
* Refreshments and cakes will be provided at Finish Area.
* Refuel and snack station midway (Dallas). You must provide your own water carrier.
* Bike mechanic services available at Miltonduff Hall.
* First Aid available at Miltonduff Hall.
* Timing for your Personal Record: result will be made available.

**Where can I find out more about the course and the event?**

Further information will follow about the event and what to expect on the day.

**How do I enter?**

Click here to enter the Triple Challenge or Cycle event –

Information to follow

Click here to see who’s entered the event –

Information to follow

**What's the course?**  
Starting at Miltonduff Hall on the edge of Elgin, this 51km route explores some of the quieter roads around Mosstowie, Pluscarden, Dallas and Kellas. The ride has been designed to be challenging yet enjoyable with a mix of climbs, descents and nice long (flattish) sections. For more detailed information, refer to the Cycle Route Directions.

Further information on the route card & route map to follow.

**Start times and arrangements:**

* Ride brief will be held at 9.45am for all participants.
* No pre-race refreshments available.
* Toilets will be open.
* Water available to refill your own water carrier.
* Information will be provided at time of registration.
* Cycle numbers to affix to bike will be issued at Miltonduff Hall HQ on Sunday 24th April at the registration area.
* The start will be arranged in blocks of 30.
* Cyclists will be called forward to their assembly area approx. 10 minutes before their start time and then to the start line approx. 3 mins before the start.

**Car Parking:**

* Parking at Miltonduff Primary School and Miltonduff Distillery.

**Finish:**

* Your finish time will be recorded, this will be made available to you within 24 hours.
* Medals will be presented after crossing the finish line.
* Refreshments and cakes await you in the Miltonduff Hall.

**Further information will be made available in due course**