

ROTARY TRIPLE CHALLENGE – RUNNING EVENT – SUNDAY 5th JUNE 2022

Final Information to Participants

Event HQ: VW Van near Skate Park, Cooper Park, Elgin

Car Parking: Parking is available at Lossie Green Car Park

Start and Finish Area: Adjacent to the skate park in Cooper Park

Changing and Toilets: Cricket Pavilion, Cooper Park. Runners leaving belongings in the pavilion do so at their own risk.

Distance: 5 miles

Summary of Route: Cooper Park – Cathedral – Brewery Bridge – Landshut Bridge – Cathedral – Cooper Park (past Library) – Flood Alleviation path past Borough Briggs – Morriston – Oldmills Road – Jock Inksons Brae (heading west) – Sheriffmill Road to turn – Sheriffmill Road heading back east – Jock Inksons Brae (heading east) – Oldmills Road – Bow Brig – Morriston Road – Elgin Academy – Moray Rugby Club – Flood Alleviation path – Decora Bridge – Bridge Street – Waterside Street – Deanshaugh Bridge – Cooper Park (next to skate park)

Also see the Route Map.

Refreshments: There will be a water stop at Sheriffmill Road and water and snacks available at the finish

Registration: Opens: 12.20 a.m. Closes: 12.40am.

Event Number: At registration, you will be given an event number. Please fix the number onto your running top and ensure that the number is visible

Briefing: There will be a short briefing at Run HQ (noted above) for all runners at 12.50 am. This will cover start and finish procedures, safety and all other arrangements.

Emergency and Support / Assistance contact details:

If you are carrying a phone - Contact: Bruce Morton on 07557 771421

If you are not carrying a phone, there will be a marshal at almost every junction, or runners behind you who may have a phone.

Starting and Finishing Arrangements:

Participants will be called forward to the start line after the Briefing in one group and started at 13.00 by a horn. Your time will be recorded and made available to you.

Medical Support: First aiders will be on duty adjacent to the Information Caravan in Cooper Park, Elgin and at a location in Oldmills Road, approximately half way round the route.

Refreshments: No refreshments will be available before the event. There will be a water station on Sheriffmill Road and water and snacks available at the finish.

Medals: Medals will be presented after crossing the finish line.